

VA North Texas Health Care System

Residency Class 2020-2021



Amika Alibhai, Pharm.D.
PGY1 Pharmacy Resident

Email: amika.alibhai@va.gov

Hometown: Fort Worth, TX

Pharmacy School: Texas Tech University Health Sciences Center

Amika Alibhai was raised in the Dallas-Fort Worth area and graduated from the University of Texas with a Bachelor of Science degree, majoring in Biochemistry. She received her Doctor of Pharmacy degree from Texas Tech University Health Sciences Center Jerry H. Hodge School of Pharmacy in Dallas. Her practice interests include Ambulatory Care, Academia, and Geriatrics. She is currently a member of the American Society of Health-System Pharmacists (ASHP) and Texas Pharmacy Association (TPA). In her free time, Dr. Alibhai enjoys spending time with her family, traveling, and reading.



Carol Baby, Pharm.D.
PGY1 Pharmacy Resident

Email: carol.baby@va.gov

Hometown: Houston, TX

Pharmacy School: University of Houston

Carol Baby graduated from Texas Tech University with a bachelor's degree in Psychology before matriculating into The University of Houston College of Pharmacy. She received her Doctor of Pharmacy degree in 2020. Her practice interests are in Mental Health, Ambulatory Care, Research, and Academia. Carol is currently a member of the American Society of Health-System Pharmacists (ASHP) and Phi Delta Chi Fraternity. Before COVID she enjoyed traveling, and trying out different restaurants, but has loved being outdoors and spending time with friends and family.



Nicole Northcutt, Pharm.D.
PGY1 Pharmacy Resident

Email: nicole.northcutt2@va.gov

Hometown: Nashville, TN

Pharmacy School: Lipscomb University College of Pharmacy, Nashville, TN

Nicole was born and raised in Nashville, TN and attended Lipscomb University for undergraduate studies before matriculating into the College of Pharmacy at Lipscomb University. She received her Doctor of Pharmacy degree in 2020. Nicole is currently a member of the American Society of Health-System Pharmacists (ASHP), American Pharmacists Association (APhA), and Kappa Psi. Her professional interests are Ambulatory Care and Internal Medicine. Her personal interests outside of the residency program are traveling on the weekends or exploring around different cities. She loves to eat food (specifically tacos and queso), binge watch movies, hanging out with friends, and spending time with family. She also enjoys crafting, painting, or doing projects around the house.



Julia Smith, Pharm.D.
PGY1 Pharmacy Resident

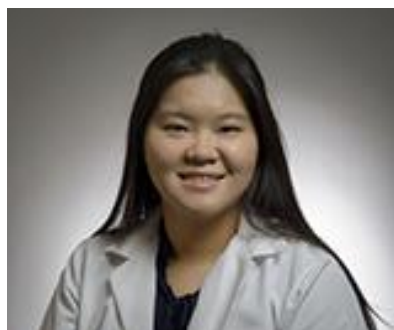
Email: julia.smith6@va.gov

Hometown: Dripping Springs, Texas

Pharmacy School: Purdue University College of Pharmacy, West Lafayette, Indiana

Julia was born in Akron, Ohio and moved around quite a bit before attending the Purdue University College of Pharmacy. She received her Doctor of Pharmacy degree

in 2020. Julia is a member of the Rho Chi Society and American Society of Health-System Pharmacists (ASHP). Her professional interests are Geriatrics, Ambulatory Care, and Infectious Diseases. Her personal interests outside of the residency program are golfing, hiking, and kayaking as well as binge-watching TV series on Netflix and spending time with my family.



Helen Zhou, Pharm.D.
PGY1 Pharmacy Resident

Email: chenyuan.zhou@va.gov

Hometown: Plano, TX

Pharmacy School: University of Texas at Austin College of Pharmacy

Helen was born in Shanghai, China, but grew up in Plano, TX. She attended the University of Texas at Austin for her undergraduate studies before matriculating into

The University of Texas at Austin College of Pharmacy. She received her Doctor of Pharmacy degree in May 2020. Helen is currently a member of American Society of Health-System Pharmacists (ASHP), American Pharmacists Association (APhA), and the Phi Lambda Sigma Honor Society. Her professional interests are Ambulatory Care and Transitions of Care. Her personal interests outside of the residency program are playing board games, trying new restaurants, and watching Netflix.



Ganiat Animashawun, PharmD
PGY2 Ambulatory Care Resident

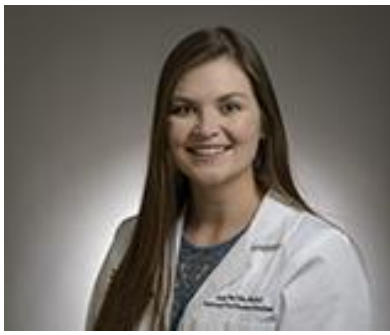
Email: ganiat.animashawun@va.gov

Hometown: Sugarland, TX

Pharmacy School: Xavier University of Louisiana

Dr. Animashawun received her Doctor of Pharmacy degree from the Xavier University of Louisiana. She completed her PGY1 Pharmacy Practice Residency at the

at G.V. (Sonny) Montgomery VA Medical Center in Jackson, Mississippi. Dr. Animashawun is a member of the American Society of Health-System Pharmacists (ASHP), Mississippi Health-System Pharmacists (MSHP), Phi Lambda Sigma Honor Society, and Kappa Psi Pharmaceutical Fraternity, Incorporated. Her practice interests include Ambulatory Care focusing on Primary Care, Academia and Congestive Heart Failure Management. In her personal time, she enjoys traveling, planting, community service and spending quality time with her friends and family.



Alaina Van Dyke, PharmD
PGY2 Ambulatory Care Resident

Email: alaina.stroud@va.gov

Hometown: Montgomery, AL

Pharmacy School: Samford University McWhorter School of Pharmacy

Alaina was born and raised in Montgomery, Alabama. She received her dual PharmD/MBA from Samford University in Birmingham, Alabama and completed her

PGY1 Pharmacy Practice Residency at DCH Regional Medical Center in Tuscaloosa, Alabama. Alaina is currently a member of Phi Lambda Sigma Leadership Society, American Society of Health-System Pharmacists (ASHP), and American College of Clinical Pharmacy (ACCP). Her professional interests include Academia, Chronic Disease Management, Transitions of Care, and Geriatrics. In her personal time, she enjoys traveling and exploring new places, attending concerts and music festivals (pre-COVID), working out, and spending time with her husband, family, and friends.



Caitlin Burton, PharmD
PGY2 Mental Health Resident

Email: caitlin.burton@va.gov

Hometown: New Braunfels, TX

Pharmacy School: Texas Tech University Health Sciences Center

Caitlin was born in San Diego, California, but raised in Texas most of her life. She attended Angelo State University to obtain her Bachelor of Science in Chemistry degree before moving on to Texas Tech University Health Sciences Center for pharmacy school. She received her Doctor of Pharmacy degree in 2019. Caitlin is currently a member of the College of Psychiatric and Neurologic Pharmacists (CPNP) and the American Society of Health-System Pharmacists (ASHP). Her professional interests include Geriatric Psychiatry, Pain Management, and Research. In her personal time, she enjoys spending time with her dog and cat, working on different sewing projects, reading science fiction novels, and biking.



Chinedu Diokpa, PharmD
PGY2 Mental Health Resident

Email: chinedu.diopka@va.gov

Hometown: Huntsville, TX

Pharmacy School: The University of North Texas System College of Pharmacy

Dr. Diokpa grew up in Southeast Texas and attended The University of Texas at Austin for undergraduate studies before matriculating into The University of North

Texas System College of Pharmacy in Fort Worth, Texas. He received his Doctor of Pharmacy degree in 2019 and completed his PGY1 Pharmacy Residency at the VA North Texas Health Care System in 2020. Dr. Diokpa is currently a member of the American Society of Health-System Pharmacists (ASHP), American College of Clinical Pharmacy (ACCP), College of Psychiatric and Neurologic Pharmacists (CPNP), Phi Lambda Sigma Honor Society, and Kappa Psi Pharmaceutical Fraternity, Inc. During his free time, Dr. Diokpa enjoys spending time with friends and family, listening to podcasts and music, and playing anything competitive.



Shaina Varughese, PharmD
PGY2 Mental Health Resident

Email: shaina.varughese@va.gov

Hometown: Fort Lauderdale, Florida

Pharmacy School: South University School of Pharmacy

Shaina was born and raised in Fort Lauderdale, Florida. She received her Bachelor of Sciences degree in Biology at the University of Florida and Doctor of Pharmacy degree from South University School of Pharmacy in 2019. Shaina is currently a member of the American Society of Health-System Pharmacists (ASHP), DFW American College of Clinical Pharmacy (ACCP), and College of Psychiatric and Neurologic Pharmacists (CPNP). Her professional interests include Mental Health and Community Outreach. Outside of the residency program, she enjoys finding new places to explore in the Dallas-Fort Worth area whether it is a new restaurant, local park or local bookstore. She also loves any event that involves spending time with her friends and family. Lately, she has been enjoying finding new podcasts, books and movies to watch.



Nida Khan, PharmD
PGY2 Critical Care Pharmacy Resident

Email: nida.khan@va.gov

Hometown: Indianapolis, IN

Pharmacy School: Butler University

Nida was born and raised in Indianapolis, IN where she attended Butler University's Pharmacy program. In 2018 she received her Bachelor of Arts degree in Spanish and her Doctor of Pharmacy degree with a Medical Spanish track. Nida is currently a member of the American Society of Health-System Pharmacists (ASHP) and the Society of Critical Care Medicine (SCCM). Her professional interests include Cardiac ICU, Emergency Medicine and Nephrology. During her personal time, she enjoys trying new local restaurants or coffee shops, bingeing shows on Netflix, crushing friends at board games, and listening to audiobooks, and podcasts.